



ATLANTIC GAMES 2024
BAJO/BAIXO GUADIANA

ALCOUTIM - AYAMONTE - CASTRO MARIM - ISLA CRISTINA - VILA REAL DO SANTO ANTONIO

PADDLE SURF

CATEGORIES:

SUB-18 M/F - SUB-16 M/F - SUB-14 M/F

LOCATION:

Central Beach at the Windzone Sailing School - Isla Cristina

REGULATION:

The competitions will be held according to the rules of the Spanish Surfing Federation and the International Surfing Association



Unión Europea



1. PRESENTATION OF THE ACTIVITY

The Municipal Sports Service of the City Council of Isla Cristina together with the Isla Cristina Windsurfing Sports Club, organize the competitions of the Stand-Up Paddle modality (PaddleSurf) within the framework of the Atlantic Nautical Games 2024.

It is a competition endorsed and within the official calendars of the SPANISH SURFING FEDERATION and the INTERNATIONAL SURFING ASSOCIATION.

Date: 4, 5 and 6 July 2024 Place: Isla Cristina on the central beach at Windzone Sailing School

2. DISCIPLINES

Technical race / Sprint / Relays

3. COMPETITION MATERIAL

All athletes must run with the same board. The organization will have sufficient equipment for the development of the Games.

Table model: Starboard sprint 14' x 23 wood carbon

Rowing: Each athlete can use their own oar, if you want to use the paddle provided by the organization, it will be: Starboard enduro Size M.

4. OFFICIAL CATEGORIES ATLANTIC NAUTICAL GAMES

- **U-18:** Male and Female, born 2006 and 2007 (draws to 14')
- **U-16:** Male and Female, born 2008 and 2009 (tables up to 14')
- **U-14:** Male and Female, born 2010 and 2011 (tables up to 14')

TECHNICAL CAREER

CHILDREN Masc/Fem

CADETE Masc/Fem

YOUTH Masc/Fem

MAXIMUM DISTANCE APROXIMATE

1.000m

1.000m

200m

- Departures will be given by age group
- It will compete by system of qualifying rounds
- Mandatory use of security leash in all categories

SPRINTS

CHILDREN Masc/Fem

CADETE Masc/Fem

YOUTH Masc/Fem

DISTANCE

200m

200m

200m

- Departures will be given by age group
- It will compete by system of qualifying rounds

SPRINTS

TEAM OF FOUR PARTICIPANTS

DISTANCE

4x250m

- Teams of four participants
- The teams must be formed by two male and two female representatives of different categories
- It will compete by system of qualifying rounds
- Mandatory use of security leash in all categories

5. COMPETITION SYSTEM

They will be run by qualifying rounds with a maximum of six athletes per race.

- **DEPARTURE:** They will be made from the sand 5 meters from the shore carrying the board to the sea.
- **DRAFTING: Drafting** is allowed among participants.
- **BOOY TURN: Preference** is given to the athlete who arrives first and carries half a table of difference with his pursuer. He must not place the board in front of the legs of the persecuted.
 - If the buoy turn is not made in the direction marked by the Competition Director, the athlete must make the turn again to do it correctly.
- **ARRIVAL AT GOAL:** in the water, the athlete must cross the imaginary line duly marked on top of the board.
 - On the beach, the finish line must be at least 10 m from the water and the athlete must cross it with the paddle in hand.

6. TRAVELS

SPRINT – It will be run over a 200m course.

Departure from the sand – 100m – Giro de Boya – 100m and arrival on land.

TECHNICAL RACE – It will be run on a technical route, with at least four buoy firos, with departure and arrival on land.

RELAY RACE – Each participant must travel 250m. on a rectangular route, with departure.

7. CLASSIFICATIONS

There will be an individual classification and a team classification.

8. AWARDS

Prizes will be awarded to the top three individual finishers in each category and to the top three teams in each of the categories.

9. INSCRIPTIONS

They will be held in www.atlanticgamesguadiana2024.eu

Registration deadline, june 21

10. PROGRAM

- **Thursday, July 4**
 - 09:00h. Meeting participants and technicians for Sprint mode
 - 10:00h. Eliminary Round Departures Sprint category SUB-14 male and female
 - 11:00h. Sprint starts qualifying for the SUB-16 male and female categories.
 - 12:00h. Sprint starts qualifying for the U-18 male and female SUB-18 category.
 - 13:00h. Sprint Finals of all categories
 - 14:00h. Sprint Awards Ceremony
- **Friday, July 5**
 - 09:00h. Meeting participants and technicians for Technical Career modality
 - 10:00h. Eliminary round departures category Technical Race SUB-14 male and female
 - 11: 00h. Departures sleeves Technical Race qualifiers category SUB-16 male and female.
 - 12: 00h. Departures sleeves Technical Race qualifiers category SUB-18 male and female
 - 13:00h. Technical Career Finals of all categories.
 - 14:00h. Sprint Awards Ceremony.
- **Saturday, July 6:**
 - 10: 00h. Meeting participants and technicians for Team Relay Race modality.
 - 11:00h. Elimination round departures Team Relay Race

Schedules and routes may be modified depending on weather conditions.